



## Newport Power Junior Football Club

### 2017 Training Schedule

No.	Location	Day	Date	Time
7	Torquay Day Fitness Camp	Sunday	22/01/16	6:00am – 8:00pm
8	Langshaw Reserve Time Trial/Skills	Wednesday	25/1/17	6:00pm – 7:45pm
10	Langshaw Reserve Skills/Fitness	Wednesday	1/2/17	6:00pm – 7:45pm
9	Langshaw Reserve Skills/Beep Test	Wednesday	8/2/17	6:00pm – 7:45pm
10	Williamstown Beach Skills/Fitness	Monday	13/2/17	6:00pm – 7:45pm
11	Langshaw Reserve Cross Training	Wednesday	15/2/17	6:00pm – 7:45pm
12	Langshaw Reserve Skills	Monday	20/2/17	6:00pm – 7:45pm
13	Langshaw Reserve Skills	Wednesday	22/2/17	6:00pm – 7:45pm
14	Langshaw Reserve Skills/Strategy Plan	Monday	6/3/17	6:00pm – 7:45pm
15	Langshaw Reserve Skills/Strategy Plan	Wednesday	8/3/17	6:00pm – 7:45pm
16	Langshaw Reserve Skills/Strategy Plan	Monday	13/3/17	6:00pm – 7:45pm
17	Langshaw Reserve Intra-club Practice Match	Wednesday	15/3/17	6:00pm – 7:45pm
18	Bryan Martyn Oval Forwards/Mids/backs	Wednesday	22/3/17	6:00pm – 7:45pm
19	Bryan Martyn Oval Forwards/Mids/backs	Tuesday	28/3/17	6:00pm – 7:45pm
20	Bryan Martyn Oval Skills/Strategy Plan	Thursday	30/3/17	6:00pm – 7:45pm
21	Bryan Martyn Oval Skills/Strategy Plan	Tuesday	4/4/17	6:00pm – 7:45pm
22	Bryan Martyn Oval Skills/Strategy Plan	Thursday	6/4/17	6:00pm – 7:45pm

### Practice Match Schedule 2017

No.	Location	Team	Day	Date
1	Noosa Football Club		Saturday	18/3/17 1:30pm
2	Northern Saints Football Club		Saturday	25/3/17 2:00pm